

International

Nepal Fellowship

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Section A: Basic Information

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Mid June 2017

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Mid-Dec 2017 to Mid-March 2018

Situation Update

The Ear Centre of Green Pastures Hospital has been running smoothly. The planned activities for the quarter have been achieved. 2773 patients visited the Out Patient Department (OPD) for check-up and follow up during the reporting quarter. Likewise, 86 patients underwent intermediate, minor and major surgery during the same period.



Figure 2 Hearing Test



Figure 1 Dr. Mike examining the patient

One Day Ear Camp

A team of 10 medical people and support staff attended a one-day Ear Camp organized by local club, Nawa Aadarsha Community Development Society in Lamachaur Pokhara on 6th January 2018. 210 patients were examined during the camp through the Out Patient Department, out of which, 52 had audio tests and 27 people were referred to the GPH Ear Centre for further services, including 3 for surgery.



Figure 3 Dr. Nirmla Thapa and Eka Dev Devkota during Ear Camp in Lamachaur Pokhara

Rolpa Children Follow-up

20 children (one was absent) who underwent their ear surgery in last November 2017 visited the Ear Centre on 24-26 February 2018 for their follow up. The children have improved their hearing and some of the children who need further follow-up will be called after six months for their second follow-up.



Figure 4 20 children from Rolpa for their follow-up

World Hearing Day 2018

GPH celebrated World Hearing Day on 3 March 2018. A 5km rally was organised from Mahendrapool, central city junction of Pokhara to GP Complex. INFN staff, students and teachers from nursing colleges and deaf school, doctors from Western Regional Hospital and representatives from the World Health Organization attended the rally and carried informative placards along the route. Nepal Police and Nepal Traffic police were

in attendance and supported the celebration by managing all the necessary security and traffic issues during the rally.

Dr. Mike Smith and Mike Sanders presented informative talks related with ear care to all the participants. The rally was an excellent opportunity to showcase the facilities at GPH Ear Centre and to provide health education and publicity to the public and to other

health institutions and organizations working with the deaf and ear care.



Figure 5 Nursing College participating the rally with GPH Brand Ambassador- Mr. Karna Das (In black jacket right)



Figure 6 Participation of INF Staff



Figure 8 INF Nepal team with the invited guests.



Figure 7 Dr. Mike sharing the presentation on Ear Care

From Left- Two teachers from Deaf school, Dr. Mike Smith, Dr. Nanda Lal Sikarmi from WHO, Dr. Ganga (Prem) Subedi INF Nepal Executive Director, Representative from Charak Nursing College, Dr. Mike Sanders, Dr. Nirmal Thapa, Mr. Aashish Sharma and Mr. EkaDev Devkota.

New Staff

There has been recruitment of new surgeon, Dr. Poonam K.C.



Figure 9 Dr. Poonam attending a child patient at OPD

Quarterly Achievement

20(7M, 13F) persons benefitted during the reporting period with the Medical Charity Support from Ear Aid Nepal (EAN). In total, **NRP 236,650** was supported through EAN. The tables below gives more detail of these patients. Through EAN support, patients like Laxmi and Sagar (stories in later section) are able to hear now.

INTERNATIONAL NEPAL FELLOWSHIP (Nepal)
GREEN PASTURE HOSPITAL
EAR CENTER
 Medical Charity support for poor patients



Patient Report: Mid-December 2017 to
 Mid- March 2018

Patient receiving support for Surgery and Hearing Aid

SN	Name	Home District	Age	Employment	Surgery	Diagnosis	EAN contribution	Total cost of treatment	% of treatment provided
1	Jagat Raj Hamal	Jumla	7	Student	T'plasty	Csom Mucosal Tt Dry Wet, R	6,450	18,450	35%
2	Laxmi Shrestha	Gorkha	16	Student	L T'plasty+Canal Plasty+Meatoplasty La	L Com(Tt)	8,000	18,000	44%
3	Hari Silwal	Kaski	18		R Premeatal M'plasty	Rt Csom (Tt)	8,450	15,000	56%
4	Sarita Devi Luitel	Gorkha	45		R Attico-Antrostomy, Tyempanoplasty, Ossiculoplasty, Meatoplasty+ Cavity Obliteration	Rt Aa Com	25,450	35,450	72%
5	Jamuna Sunar	Parbat	35		Excision Lesion L It + Septum Fracture Toward Midline	Hyper Trophic L It Dns-R	8,000	22,018	36%
6	Bindu Adhikari	Tanahun	33	House Wife	L Wide Attico Antostomy+T Plasty+ Remove Granulomataus Inside Lateral S.C.C	L Csom (Aa)+Lateral Canal Erosion	18,307	37,223	49%
7	Sagar Bastola	Kaski	14	Student	L Nr Nastoidectomy, T'plasty+O'plasty + Portial Cavity	B/L Com (Aa)	37,223	37,223	100%
8	Anisha Poudel	Kaski	18	Student	L MR Mastoidectomy T'plasty O'plasty Cavity Oblitation, (Partial)	L Com(Aa)+ Rt Post Mrm	12,593	37,223	34%
9	Mina Poudel	Kaski	36	House Wife	Rt M'plasty+Ossiculoplasty	B/L Com (Tt)+Chl	13,571	26,723	51%
10	Manisha Buda Magar	Kaski	16	Student	Rt Atticotomy+T'plasty+O'plasty		16,402	37,223	44%
11	Sar Kumari Chantyal	Kaski	25		L T'plasty	B/L Com Tt+Chl	5,926	16,223	36%
12	Jau Maya Ghimire	Kaski	51	House Wife	L T'plasty+O'plasty	B/L Com Tt+Severe	18,783	26,723	70%
13	Surakchya Khadka	Dhanusa	14	Student	L Very Wide Attico Antrostomy + T'plasty + O'plasty + Meatoplasty + Cavity	L Aa Csom	10,058	40,058	25%
Support for Hearing Aid									

14	Kabiraj Thapa	Baglung	58	Not known	Advance 1 ear	Hearing loss	5000	5000	100%
15	Dilli Ram Bastola	Kaski	65	No occupation	Basic 1 ear	Hearing loss	6500	8000	81%
16	Laxmi Pariyar	Kaski	62	Housewife	Advance 1 ear	Hearing loss	5670	5670	100%
17	Lal Kumari Sunar	Kaski	60	No occupation	Basic 1 ear	Hearing loss	7924	8820	90%
18	Mukta Bahadur Sunar	Kaski	65	No occupation	Basic 1 ear	Hearing loss	7924	8820	90%
19	Dhan Bahadur Sunar	Kaski	75	No occupation	Basic 1 ear	Hearing loss	7924	8820	90%
20	Radhika Lamichane	Lamjung	46	Housewife	Basic 1 ear	Hearing loss	6495	8820	74%
Total							236,650	354,706	

Appendix 1: Case Stories

Case Story 1

Laxmi Shrestha (16 years) finally got rid of the pain which has been accompanying her since her childhood. She underwent surgery on her left ear at the GPH Ear Centre on 3rd January 2018.



Laxmi is the second of her parents' three daughters. She used to have constant discharge of mucus from her left ear with low hearing ability. The parents were consulting a pharmacist instead of proper medical solution which was not helping Laxmi.

Low hearing ability had become a hindrance to the 11th grader student. The parents were worried but also lacked resources to cure their daughter's agony. One day, Laxmi's father, Durga Shrestha, heard about the services offered by GPH Ear Centre on the radio. The father made up his mind to take his daughter there which turned out to be the wisest decision of his life.

The surgery has helped Laxmi. "There is no discharge and she can hear now" shared Durga Shrestha over telephone with Ear Centre staff on 5th of April 2018.

The family is grateful towards the hospital for the support. Their house which was affected during massive earthquake of 2015 is being reconstructed through government's aid. The family is now having happy time together with their worries gone.

Case Story 2

Sagar Bastola (14 years) is sixth grader student. He is from nearby village of Pokhara Valley. He had hearing problem since his childhood. There used to be constant discharge of mucus from both of his ears. His family couldn't help him due to their poor economic status and relied on local and home remedies which didn't help the boy.



Sagar's parents heard about the GPH Ear camp from their neighbor. The need for surgery of both his ear was diagnosed during the camp. Later after a week, Sagar underwent surgery of his left ear first.

Upon follow-up with Sagar's brother by phone, it is known that Sagar's condition has now become better. There is no discharge of fluid and his hearing ability is now restored. The family is planning to visit the hospital soon for follow-up and to get

appointment for surgery of the right ear. The Bastola family is happy and grateful towards the Ear Centre.