

# International Nepal Fellowship

**Project/Section's Name:**

Ear Medical Charity Support

**Document Title:**

Quarterly report: Mid-June 2019 to Mid-September 2019

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### **Start date of the project:**

Mid-June 2017

### **Period covered by the report:**

Mid-June 2019 to Mid-September 2019

## **Situation Update**

The Ear Centre of Green Pastures Hospital (GPH) continues to provide treatment to hearing impairment and ear related disease through its quality yet affordable services. During the reporting period, 4271 OPD visits were done and 89 patients had surgery.

Three Junior Consultants are receiving ongoing on-the-job training from Dr. Mike Smith for ear diagnosis and surgery. ECP and ECW have now been able to work independently in OPD, audio department and outreach.

Dr. Mike Smith has completed his home assignment and has started his work in Ear centre from 16<sup>th</sup> September, 2019.

## **New recruitments**

There have been no new recruitments during this reporting period. We are planning to recruit two audiologists (as a replacement), one senior otologist, and one biomedical technician in the future.

## **Quarterly Achievements**

24 (15M, 9F) persons benefitted during the reporting period with Medical Charity Support from Ear Aid Nepal (EAN). In total, NPR 137,500 was supported through EAN. The tables below gives more detail of these patients.

## Patient Report: Mid-June 2018 to Mid-September 2019

**Table 1: Patients receiving support for Hearing Aids**

SN	Name	District	Gender	Age	H'Aid Type	EAN contribution	Total cost of treatment	% of treatment provided
1	Roshan Shrestha	Tanahun	M	18	Digital	6000	8000	75%
2	Shyam Pariyar	Gorkha	M	5	Old Digital	2400	5400	44%
3	Prabin Shrestha	Gorkha	M	16	B/L Old Digital	4800	10800	44%
4	Bina Pariyar	Gorkha	F	21	B/L Old Digital	4800	10800	44%
5	Bishnu Thapa	Kaski	M	34	Digital H'Aid	8400	8400	100%
6	Santosh Kunwar	Baitadi	M	11	Digital H'Aid * 2	9800	16800	58%
7	Ransuwa Tilija	Myaagdi	M	46	Digital	2000	8000	25%
8	Kesh Bdr Gurung	Tanahun	M	67	Digital	3400	8400	40%
9	Nishan Mahota	Kaski	M	9	Digital*2	8000	16400	49%
10	Ravi Bhakta Baral	Kaski	M	47	Digital	400	8400	5%
						50,000	101,400	

**Table 2: Patient receiving other support**

SN	Name	Home District	Age	Services Provided	EAN contribution	Total cost of treatment	% of treatment provided
1	Bishnu Thapa	Kaski	34	OAE/ABR	1500	1500	100%
2	Maya Ghimire	Gorkha	37	Bed Charge 5days@500	2500	2500	100%
	Total				4000	4000	

**Table 3: Patient receiving support for Surgery**

SN	Name	District	Gender	Age	Employment	Surgery	Diagnosis	EAN contribution	Total cost of treatment	% of treatment provided
1	Rasmita BK	Baglung	F	17	Student	L M'Plasty GA	L CSOM TT	7500	20500	37%
2	Mahima Gharti Magar	Baglung	F	24	Housewife	R M'Plasty GA	B/L CSOM TT	6500	20500	32%
3	Bikash Subedi	Kaski	M	38	Agriculture	R T'Plasty GA	R CSOM TT	7500	20500	37%
4	Lochan Gharti Magar	Baglung	M	16	Student	R M'Plasty	R CSOM TT	2500	18000	14%
5	Aakash Nepali	Kaski	M	14	Student	R M'Plasty	R CSOM TT	5500	20500	27%

6	Bishnu Ghimire	Kaski	M	18	Student	L M'Plasty	R CSOM TT	8000	20500	39%
7	Deepa Gharti	Baglung	F	9	Student	R M'Plasty	R CSOM TT	15000	20500	73%
8	Laku Paija	Myagdi	F	16	Student	R M'Plasty	B/L CSOM TT	5500	20500	27%
9	Sharmila Sinjali	Baglung	F	15	Student	R M'Plasty	R CSOM TT	8500	20500	41%
10	Suresh Shrestha	Gorkha	M	20	Student	R Tympanoplasty GA	R CSOM TT	3000	20500	15%
11	Sumina Bohora	Baglung	F	11	Student	Excision of sinus GA	B/L preauricular sinus	4000	13000	31%
12	Devi Pun	Baglung	F	12	Student	R M'Plasty	R CSOM TT	10000	20500	49%
								83500	236000	

## **Annex 1: Case story**

### **Sundar Gaire**

Sundar Gaire (32 years) is from Waling-3, Syangja, one of the adjoining districts of Kaski. It takes two hour by drive to reach there from Pokhara. He lives with his wife, father, mother and two daughters (7 years and 3 years). He studied upto tenth grade.



Sundar works in Dubai as a foreign employee. While working there he often went to swim in the swimming pool in order to tackle the heat. Unfortunately, one day water entered into his left ear. As the days passed, he began to realize that his listening power was diminishing day by day. Afterwards he went to the hospital in Dubai and started treatment. But his problem couldn't be healed. After sometime he returned back to Nepal.

In Nepal, one of his relatives suggested him to visit ear centre in Green Pastures Hospital. So he visited there three months ago. He was diagnosed with chronic suppurative otitis media (CSOM) with left osteoma. Therefore, he was admitted in the hospital and his vital signs were taken and recorded. His hair trimming was done. Next day he was planned for left ear revision mastoid surgery under general anaesthesia. So he underwent small atticotomy with Tympanoplasty, canaloplasty and osteoma removal, an intermediate ear surgery. Beside this he also received laboratory services including biochemistry and serology test, blood test and urinal test, ECG and Pure tone audiometry. After surgery, while examining facial nerve, mouth couldn't stretch to the left side. Nystagmus on the left side and facial nerve palsy was seen on left. Then physiotherapy for facial palsy was provided as well as vital signs were taken and medicine was provided to him. After staying in the hospital for four days, he was discharged.

After nearly three months, Sundar was back in the hospital for the follow-up. This time he came for the treatment of facial nerve palsy and underwent left revision mastoid exploration under general anesthesia. He received medical charity support from the ear centre for his treatment.

Sundar and his relatives are happy that Sundar's hearing has improved and he is much better and also he has received the medical charity support from the hospital, which has reduced some economic burden. Moreover they are glad to see the friendly and clean environment of the hospital.

**Annex 2: Photos**



**Photo: Doctor examining the ear of a child**



**Photo: Patients waiting for OPD examination at Ear Centre**



Photo: Hearing aid being fitted in a patient



Photo: Patient undergoing internal ear examination



Photo: Speech and language therapy to patient



Photo: Ear syringing