

International Nepal Fellowship

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Ear Medical Charity Support to Poor patients

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Mid-December 2018 to Mid-March 2019

Situation Update

The Ear Centre of Green Pastures Hospital (GPH) continues to provide treatment to hearing impairment and ear related disease through its quality yet affordable services. During the reporting period, 3,252 people visited OPD services and 82 patients received surgeries.

Ear Outreach

1. One-day Ear Camp outreach was held in Tallakot Health Post, Puranchaur, Kaski on Poush 12th (27th Dec) in co-ordination with Lions Club of Pokhara Adarsha. 105 people directly benefited from the outreach. A team of two medical officers, an ear care practitioner, an ear care worker and other staff members were involved in the programme. Out of 105, 46 underwent audio testing, 7 ear syringing, 15 received hearing aid devices, and 22 were referred to the Ear Centre Pokhara for further interventions.
2. Two-day free outreach camp was conducted in Machhapuchre Rural Municipality Ward no.6, Dhital, Kaski on 9th and 10th of Magh (23,24 Jan) in coordination with the ward office at its premises. 167 people benefited directly from the free outreach camp. A team of ear specialists, medical doctor with ear care providers and workers including public health professionals and other other supporting staff werer involved to deliver service at the outreach camp. Ear Check up, syringing, audio testing, medicine along with counselling and ear care awareness were provided during two day camp. Out of 167, 30 patients underwent syringing and 35 audio test and 42 were referred to Green Pastures Hospital for further interventions.
3. A three-day free ear Outreach Camp was conducted in Lamjung District Community Hospital from 9th to 11th of Falgun (21st to 23rd February). 348 people benefited directly from the camp. A team of medical doctors along with ear care workers, including public health professionals and other supporting staff, were involved in the camp. Free of cost syringing services along with audio testing was provided during the three days. 79 patients received syringing and 106 had an audio test, of which 29 were referred to GPH Ear Centre for further investigation and treatment.

World Hearing Day

On 19th of Falgun (3rd of March), INF Nepal celebrated World Hearing Day at GPH Ear Centre with the theme, "Check Your Hearing". The event proceeded through a series of engaging activities from free ear screening and audio tests, ear awareness stall, intercollege ear exhibition competition and general sports.

The event generated strong public interest and participation with the objectives of raising awareness on how to prevent deafness and hearing loss and promote ear and hearing care. The event was graced with the presence of about 1000 visitors of which 348 received free ear screening tests. Five colleges participated in an ear exhibition where they presented very innovative and informative ear stalls.

Ear Care Basic and Advance training (per the WHO standard)

After the completion of basic ear care training, advance ear care training is on-going for two ear care practitioners, two ear care workers and one ear care educator of GPH(Ear department). They are being trained by Dr. Mike Smith (Ear surgeon), Dr. Mike Sanders (Audiologist) and other medical professionals 1 hour per day.

Training/Workshop

Dr. Geeta Koju, consultant at GPH's Ear Centre participated in the 71st annual conference of the Indian Association of Otolaryngologists organized by them from 9th to 13th January, 2019 in Hyderabad, India. 3000 people from all over the world participated in the conference. The conference featured live surgery of head and neck disease, laser surgery, otologic disease and vestibular disease.

New recruitments

- Mrs. Meena Dura, Business Officer



- Mrs. Sushmita Baral, Training Coordinator



- Mr. Sunil Subedi, Outreach Assistant



- Dr. Suresh Pradhan, Consultant Anaesthesiologist



- Mr. Tilak Dura, Bio Medical Technician



Quarterly Achievements

19 (4M, 15F) persons benefitted during the reporting period with Medical Charity Support from Ear Aid Nepal (EAN). In total, NPR 311,500 was supported through EAN. The tables below gives more detail of these patients.

Patient Report: Mid-December 2018 to Mid-March 2019

Table 1: Patient receiving support for Surgery

SN	Name	District	Gender	Age	Employment	Surgery	Diagnosis	EAN contribution	Total cost of treatment	% of treatment provided
1	Daniel Gharti	Myagdi	M	13	Student	L Myringoplasty GA	Lt COM Mucosal (TT)	3000	23000	13
2	Dhan Sari Gharti	Rukum	F	20	Farmer	R Small atticotomy+T'Plasty+O'Plasty GA	B/L COM (TT)	27500	35500	77
3	Durga Maya Timilsina	Kaski	F	40	Social Worker	R T'Plasty+O'Plasty	R Retracted Thin TM	30900	30900	100
4	Kundali Sunar		F	24	Housewife	L Attico Antrostomy + T'Plasty + Cavity Obliteration	L TT/AA CSOM	21500	41500	51
5	Suraj Ale	Syangja	M	25	Labor	R Attico-antrostomy, T'plasty+ cavity obliteration Meatoplasty	R AA CSOM	30500	40500	75
6	Dil Shara Sunar		F	41	Housewife	L Atticotomy+T'Plasty + canalplasty+ Meatoplasty+ small skin graft	L keratosis obturans	16500	43500	37
7	Sima Devi Thakur	Kaski	F	32	Housewife	L Small Aticotomy+T'Plasty+O'Plasty GA	L CSOM TT	15000	35500	42
8	Sharmila Nepali	Kaski	F	5	Baby	ABR & OAE	B/L CSOM (TT)	4000	7000	57
9	Sony Gautam	Kaski	F	18	Student	L MRM+Cavity Obliteration+T'Plasty+O'Plasty+	Lt COM AA	10500	40500	25

						Meatoplasty				
10	Deepa Gautam	Baglung	F	31	Housewife	R Permeatal M'Plasty	B/C CSOMTT	6000	16500	36
11	Sarita Subedi	Syangja	F	25	Housewife	R Stepedotomy GA	B/L otosclerosses	20500	40500	50
12	Mira Pokhrel	Arghakanchi	F	21	Student	R Revision atticotomy + T + O'Plasty	R COM AA	25500	35500	71
13	Rupa Keahan	Baglung	F	22	Housewife	Rt radical mastoidectomy T+O'plasty cavity obliteration	Rt CSOM AA	49000	49000	100
Total								260400/-	439000/-	

Table 2: Patients receiving support for Hearing Aids

SN	Name	District	Gender	Age	Employment	H'Aid type	EAN contribution	Total cost of treatment	% of treatment provided
1	Parshu Ram BK	Baglung	M	88		Digital	5400	8400	64
2	Pajani Gurung	Gorkha	F	41		Digital	8300	8800	94
3	Danda Pani Subedi	Myagdi	M	53		Digital * 2	9800	12800	76
4	Sudotha Gautam	Syangja	F	27		Digital * 2	12400	12800	96
5	Sita Gurung	Kaski	F	65		Digital * 2	8800	12400	70
6	Fekni Devi Sharam	kaski	F	45		Digital * 2	6400	12400	51
Total							51100/-	67600/-	

Appendix: Case Stories

Rita Kishan (name changed for anonymity), a 23 year old girl is from an extremely poor and backward family. She is from Baglung and lives with her father, mother, elder brother and sister in law. She also has a 3-year-old son. Her husband left her when she was pregnant. She, her father and mother work on a daily wage basis to support the family.

When she was 9 year old she developed a big swelling behind her right ear. During the day she used to feel normal but during the night she used to have severe pain in her ear. After some days blood and puss was released from the wound and the pain also vanished but she developed a hearing problem. She was attending school at that time but she could not understand what the teacher was saying and after a few years she left the school. She was bullied in school because of her hearing problem but her family could not afford her an ear check-up. After dropping out of school at the early age of 14 she started working with her father and mother as a labourer on a daily wage basis in order to help support her family.

Just 2 months ago she again developed swelling but this time it was in the ear canal. The swelling was so big that it hanged outside the canal and was clearly visible by everyone. After consulting with the doctor in her hometown she started some medicine but that did not work at all. She also felt unbearable pain but due to her financial problem she could not go to a better place for her treatment. Then the secretary of her local ward gave her a letter stating her poor economic situation and recommended her to the GP hospital. In GP, surgery was performed to heal her disease. After surgery she is in a very good condition. Now she says she feels very easy and the burden and pain in her ear has disappeared and now she is also able to hear clearly. She is very thankful to the hospital for treating her illness. She loves the hospital management, caring nurses, polite doctors and other supporting staff. Now she hopes she can work more effectively than before and support her family. In future she is committed in providing quality education to her son so that they can get out of poverty.



Annex: Photos



Photo: Dr. Sudhir assessing the patient in Machhapurchre Rural Municipality Ear Outreach



Photo: Ear Outreach Camp in Tallakot



Photo: Dr. Geeta participation in Otolaryngologists Conference



Photo: World Hearing Day



Photo: Dr. Geeta assessing the patient in ear Outreach camp, Lamjung