

# International Nepal Fellowship

**Project/Section's Name:**

Ear Medical Charity Support to Poor patients

**Document Title:**

Quarterly report: **Mid-March 2018 to Mid-June 2018**

**Date when document was written:**

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## Section A: Basic Information

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### Start date of the project:

Mid June 2017

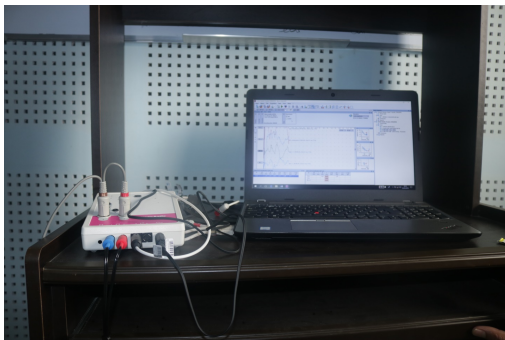
### Period covered by the report:

Mid-March to Mid-June 2018

## Situation Update

The Ear Centre of Green Pastures Hospital has been able to achieve most of the planned activities for the reporting quarter. 3275 patients visited the Out Patient Department (OPD) for check-up and follow up during the reporting quarter. Likewise, 115 patients underwent intermediate, minor and major surgery during the same period.

Through our BMZ and Terratech donors in Germany, Ear Centre now have a diagnostic system that can do several types of hearing and balance testing (ABR/OAE/VEMP) for patients including newborn babies. The plan is to use this as Ear Centre develops a neonatal hearing screening programme to identify early those babies and young children at risk of severe hearing loss. A lot of the behind the scenes work has begun for the newborn hearing screening trial that is due to begin in late August, in partnership with Western Regional Hospital. The audiology team has been receiving training on the new diagnostic ABR system and protocols have been put in place for the newborn hearing screeners. Nepali language written material has been developed to provide parents information about the screening process and hearing loss and the team is excited to get started.



Neonatal Hearing Equipment

There has been recruitment of two new female doctors, Dr. Geeta Koju- Consultant and Dr. Asta Wagle- Medical Officer.



Dr. Geeta



Dr. Astha

## Events

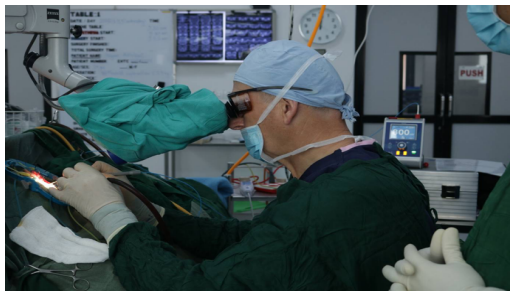
### Ear Care, Nurse Training Day

The Ear Centre held a training event for nurses from GPH and around Pokhara on 16th March. Over 40 nurses participated from at least 5 institutions. We held sessions on basic ear anatomy, common ear problems, hearing loss, types of ear operation, surgical instruments and their care, and post-operative care, and ear syringing. The feedback forms gave us very good marks for all the content and there was a clear request for further meetings with suggestions for topics.



Nurses and Ear Care Worker Training

### Endoscopic Surgery



Dr. Mike Performing endoscopy

First endoscopy surgery successfully done held in GPH ear centre, on 18th March 2018, the team very excited to be continues the endoscopy services.



Dr. Mike performing surgery through laser

### Laser Setup and Surgery in Ear centre on 20th March 2018.

Mr Marcel attended from the laser company to setup on 20th March.

### Otology seminar for ENT doctors

During the visit of Dr. Adam Masters, a senior fellow from a prestigious ear institute in Los Angeles on 24th March we held a meeting for 16 ENT surgeons and audiologists. 14 attended from Pokhara and 2 participants came from Kathmandu. Adam led on topics such as specific surgical techniques and also vertigo. We presented individual patients with particular or unusual conditions, and there was a lot of audience discussion. We were encouraged to plan further regular meetings.



### One day Free Ear Outreach Camp

One day free Ear Outreach was held in Jana Jyoti Adharbhut Bidhayalya at Nirmalpokhari on 25<sup>th</sup> March 2018. 11 team member attendants and 150 ear patients seen in 5 hours. The Outreach was successfully done and the community was benefited. Local youth club and mother group were assisted which was very helpful.



Patients waiting for their turn during the Ear Camp

### Quarterly Achievement

31(20M, 11F) persons benefitted during the reporting period with the Medical Charity Support from Ear Aid Nepal (EAN). In total, **NRP 388,470** was supported through EAN. The tables below gives more detail of these patients. Through EAN support, patients like Deepika and Hari Chandra (stories in later section) are able to hear now.

**INTERNATIONAL NEPAL FELLOWSHIP (Nepal)**  
**GREEN PASTURE HOSPITAL**  
**EAR CENTER**  
 Medical Charity support for poor patients



Patient Report: Mid-March 2018 to Mid-June 2018

**Table 1: Patient receiving support for Surgery**

SN	Name	Address	Age	Employment	Surgery	Diagnosis	EAN contribution	Total cost of treatment	% of treatment provided
1	SUSAN NEPALI	SYANGJA	26	HOUSE HOLD	RT WIDE ATTICO-ANTROSTOMY+T'PLASTY+O'PLASTY+MEATOPLASTY	RT AA COM	10223	37223	27
2	SUBASH THAPA	KASKI	22	Student	RT T'PLASTY	R RREDICAL COM(TT) + R CHL	10223	15450	66
3	MAN BDR GHARTI		26	Not known	L WIDE ATTICO ANTOSTOMY + T+O'PLASTY + OBLITERATION	L AA CSOM	19102	40058	48
4	RANJANA ROKA	SYANGJA	22	Student	STAPEDOTOMY	B/L OTOSCLOROSIS	37223	37223	100
5	AAKASH POUDEL	KASKI	8	Student	L MR MASTOIDECTOMY + TYAMPANOPLASTY + OSSICULOPLASTY + MEATOPLASTY + PORTIAL OBLITERATION OF CAVATY +	L AA COM	9736	37223	26
6	SURAKSHYA POUDEL	KASKI	10	Student	R REVISION MR MASTOIDECTOMY, T + O'PLASTY + CAVITY OBLITERATION.	R RREDICAL / RECURENT AA	13450	37223	36
7	NISHAN SUNAR	KASKI	9	Student	L MASTRIDECTOMY	L AA CSOM + POST AURAL ABSCESS + LAT SINUS THROMBOSIS	25664	41948	61
8	DINESH GC	BAGLUNG	20	Student	R REVISION RADICAL MASTOIDECTOMY TYMP - OSSICULOPLASTY + CAVITY OBLITERATION	AA CSOM	4974	37223	13
9	PUSPA GAYAK	KASKI	27	NO	R REVISION STAPEDOTOMY	B/L OTOSCLOROSIS	35450	37223	95

10	INDRA TAMANG	GORKHA	34		L TYMpanoplasty+OSSICULOPLASTY	B/L COM (TT) + CHL	17831	26723	67
11	DEVI PUN	KASKI	12	Student	R MYRINGOPLASTY	B/L COM (TT) + CHL	13688	19373	71
12	SABINA POUDEL	PARBAT	21	Student	R ATTICO-ANTROSTOMY, T'PLASTY, O'PLASTY OBLITERATION	R AA CSOM	16402	37223	44
13	NIR MAYA TAMANG	GORKHA	49	HOUSE WIFE	L TYMpanoplasty+OSSICULOPLASTY	L COM (TT) + R POST	9950	26723	37
14	DAL BDR PUN	MYAGDI	31	FARMER	R ATTICO ANTROSTOMY, T'PLASTY, O'PLASTY	CSOM AA	18307	37223	49
15	MENAKA CHAUDHARY	KASKI	11	Student	L PERMEATAL M'PLASTY TRAGALCART PERICHONDRIUM ISLAND GRAFT	L COM TT	12950	19373	67
16	SAMIR SEN THAKURI	KASKI	13	Student	REVISION T'PLASTY		15450	16223	95
17	SUBASH BK	KASKI	12	Student	L M'PLASTY GA	L TT COM + GLUE	9450	19373	49
18	KRISHNA GIRI	BAGLUNG	34	Teacher	L REVISION MASTOIDECTOMY + T'PLASTY + CAVITY PARTIAL OBLITERATION	TT CSOM L	21164	37223	57
19	JYOTI LAMA	KATHMANDU	21	Student	L PERMEATAL MYRINGOPLASTY	L TT CSOM	6450	19373	33
20	DIPIKA SAPKOTA	PARBAT	9	Student	L MR MASTOIDECTOMY+TYMpanoplasty + OSSICULOPLASTY+ MEATOPLASTY+ CAVTY OBLITERATION	L COM (AA)	14500	39500	37
21	NAINA MATI MAHATO	NAWALPARASI	17	student	Hearing problem	Basic 1 ear	2820	8820	43
22	GYANENDRA DAHAL	KASKI	52	Unemployed	Hearing problem	Basic 1 ear	3638	8820	41
23	ARUN DHAKAL	SYANGJA	21	student	Hearing problem	Basic 2 ear	7781	16170	48

24	GOVINDA ADHIKARI	KASKI	73	unemployed	Hearing problem	Basic 1 ear	7924	8820	90
25	LOK KUMARI SHARMA	SYANGJA	73	unemployed	Hearing problem	Basic 1 ear	8820	8820	100
26	JAGNATH GAUTAM	LAMACHAUR, KASKI	75	Not Known	Hearing problem	Basic 1 ear	8400	8820	95
26	BIDDHYA SAGAR ADHIKARI	KASKI	53	unemployed	Hearing problem	Advance 1 ear	2700	5670	48
28	THAKUR PSD DEVKOTA	GORKHA	62	unemployed	Hearing problem	Basic 1 ear	8400	8400	100
29	MAN SINGH PUN	GORKHA	46	unemployed	Hearing problem	Basic 1 ear	3400	8400	40
30	KHEM MAYA PARIYAR	DAMAULI	41	housewife	Hearing problem	Basic 1 ear	8400	8400	100
31	BIR BDR BK	KASKI	41	unemployed	Hearing problem	Basic 1 ear	4000	8820	45
<b>Total EAN Contribution</b>							<b>388,470</b>	<b>719084</b>	

## Appendices

### Appendix 1: Case Stories

#### Case Story 1

Dipika Sapkota (12 years) had pain in her left ear for the last one year. Her mother took her to nearby chemists shop and prescribed with pain relief medicines. This didn't help Dipika. Gradually redness on back of her ear started to appear with some discharge of mucus.

Dipika's mother heard about INF's Ear Centre through radio jingle. She immediately took her daughter to the centre. Dipika underwent surgery.

As per telephone conversation with Dipika's mother, Dipika's condition has become better now. She thanked INF's Ear Centre for making her daughter well and her ear painless.



#### Case Story 2

Hari Chandra Silwal (18 years) is from Lamjung but currently stays with his sister in Pokhara for his education. He had problem in his right ear with constant discharge of mucus.

Hari Chandra's family couldn't find the right treatment for him until they heard about the Ear Centre. His sister brought him to the centre with hope to make his brother relief from pain.

Hari Chandra underwent surgery and his condition now is better. He has been visiting the hospital for more than twice for follow-up. Hari Chandra and his family including his sister are happy and grateful towards INF's Ear Centre for all the support and care.

