

International Nepal Fellowship

Project/Section's Name:

Ear Medical Charity Support to Poor patients

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Mid-June 2017

Period covered by the report:

Mid-September to Mid-December 2018

Situation Update

The Ear Centre of Green Pastures Hospital (GPH) continues to provide treatment to hearing impairment and ear related disease through its quality yet affordable services. During the reporting period, 3,700 people visited OPD services and 132 patients received surgeries.

MoU signing with Western Regional Hospital

INF Green Pastures Hospital Ear Centre (GPH Ear Centre) and Western Regional Hospital (WRH), Pokhara, signed a Memorandum of Understanding on 12th December 2018, to initiate a Newborn Hearing Screening (NHS) program for babies born at WRH. This will be a pilot study for three months which will include screening of at risk babies and infants within the first 48 hours of birth, or during admission to the Neonatal Intensive Care Unit and again at 18 month of age. Babies born outside the WRH may also be included at parental or professional request. GPH Ear Centre will also provide (i) portable Oto-Acoustic Emission and (ii) Automated Brainstem Response audiometer to WRH.

Ear Care Basic and Advance training (per the WHO standard)

Four months of the six-month long training has been completed. Two ear care practitioners, two ear care workers and one ear care educator of GPH (Ear department) are being trained by Dr. Mike Smith (Ear surgeon), Dr. Mike Sanders (Audiologist) and other medical professionals 1 hour per day.

Training/Workshop

Mr. Aashish Sharma, an audiologist in Ear Centre of GPH attended an 11-day “Paediatric Assessment, A Refresher Course” from 13th November to 23rd November 2018 in Warrington, UK, organized by Anne Davies Audiology. The training was about refreshing audiologist from the world about new and modified methods of behavioural testing in paediatric patients of audiology.

New recruitments

- Dr. Sudhir Gopal Parajul, Sr. Medical Officer



- Dr. Nabin Raj Gautam, Sr. Medical Officer



Quarterly Achievements

21(11M, 10F) persons benefitted during the reporting period with Medical Charity Support from Ear Aid Nepal (EAN). In total, NPR 364,544 was supported through EAN. The tables below gives more detail of these patients.

Patient Report: Mid-September 2018 to Mid-December 2018

Table 1: Patient receiving support for Surgery

SN	Name	District	Gender	Age	Employment	Surgery	Diagnosis	EAN contribution	Total cost of treatment	% of treatment provided
1	Sandip Kisan	Baglung	M	14	Student	R Attico- Antrostomy+T'Plasty+O'Plasty + Cavity obliteration+Meatoplast	R Com (AA)	38400	43400	88.47
2	Kamala Kunwar	Rolpa	F	12	Student	L Atticotomy+T'Plasty+Incus Interposition	B/L COM (TT) Wet	23000	38000	60.52
3	Nisha Garbuja	Myagdi	F	19	Student	R Atticotomy + T' plasty GA	R AA CSOM	22500	35500	63.38
4	Ayush Bhattarai	Parbat	M	12	Student	L MRM+Cavity Obliteration+T'Plasty+O'Plasty+Meatoplasty	L AA CSOM; R Post MRM	10500	40500	25.92
5	Sunesh Kumar	Kaski	M	18	Student	R Atticotomy +T'Plasty+O'Plasty + Meatoplasty	R Com (AA)	5500	40500	13.58
6	Santa Pariyar	Myagdi	M	14	Student	R MRM T'Plasty O'Plasty Postaural cavity obliteration + excise/ debride abscess	B/L Com (AA)	58144	58144	100
7	Indu Ale	Kaski	F	44	Housewife	R MRM T'Plasty O'Plasty Postaural cavity obliteration	R AA CSOM	35500	40500	87.65

8	Bibash Chhetri	Tanahun	M	6	Student	L MR Mastoidectomy+T'plasty+O'p lasty	L Com (AA)	5000	43000	11.62
9	Sushma Sharma	Kaski	F	14	Student	L MR Mastoidectomy T'Plasty O'Plasty	L AA CSOM	30500	40500	75.30
10	Durga Maya Timilsina	Kaski	F	40	Social Worker	L M'Plasty + O'Plasty LA	L CSOM TT	25500	25500	100
11	Sharmila Kunwar	Kaski	F	35	Housewife	R T'Plasty+Small atticotomy+C''Plasty GA	R COM TT	15000	35500	42.25
12	Santoshi Pariyar	Kaski	F	17	Student	R M'Plasty LA	R COM TT	8500	16500	51.51
13	Ayush Poudel	Kaski	M	10	Student	R Revision MR Mastoidectomy T'Plasty O'Plasty cavity obliteration meatoplasty excise post oural keloid	AA CSOM (R)+AA CL	35500	40500	87.65
14	Yam Kumari Thapa	Kaski	F	28	Housewife	Lt Wide atticotomy + Tympanoplasty + ossiculoplasty GA	AA COM	6500	35500	18.30
15	Prasamsha Khadgi	Tanahun	F	10	Student	L wide canalplasty atticotomy cartical mastoid T'Plasty O'Plast Meatoplasty GA	R Keratosis obturans	13000	43000	30.23
								333,044		

Table 2: Patients receiving support for Hearing Aids

SN	Name	District	Gender	Age	Employment	H'Aid type	EAN contribution	Total cost of treatment	% of treatment provided
1	Anjan Gautam	Kaski	M	8	Student	Digital*2	7800	12800	60.93
2	Sushmita Adhikari	Kaski	F	12	Student	Digital	6400	8400	76.19
3	Indra Tamang	Gorkha	M	34	House wife	Digital	7400	8400	88.09
4	Bardan Pun	Rolpa	M	55	Farmer	Digital	4000	12400	32.25
5	Bir Bdr Pariyar	Tanahun	M	70	Farmer	Digital	4400	8400	52.38
6	Lal Bdr Chhetri	Syangja	M	43	Farmers	Basic (Body Aid)	1500	3000	50
Total							NRs 31,500/-		

Appendix: Case Stories

Relief from Chronic Ear Problem

Samuel Shrestha (35 years, name changed for anonymity), a resident of the city of Pokhara, is currently a contractor by profession. He lives in a joint family of 13 members and is the main source of income in his family.



In the year 2007, Mr. Shrestha went to Dubai for employment. He had a good earning over there and was very active in his work. Slowly day by day his health started to deteriorate and he faced a hearing problem which also affected other parts of his body. He had aches and pains in his joints and discharge with blood and mucus in his ear. In Dubai, he consulted a doctor and the doctor after analysing the case suggested that he return to Nepal.

Immediately after returning to Nepal, he went to several reputed hospitals. He was told that he didn't have much time because the infection was incurable. After months of hospital visits and recommendation from the doctor he decided to have major surgery in Pokhara. Unfortunately, before his surgery he saw a teenager with the same problem dying right after the surgery. He was disheartened, the fear of death was so much that he decided to cancel his surgery and live his life. Months after this he heard of an ear camp conducted by Green Pastures Hospital from his elder brother and decided to give it a try over there. In the camp he met Dr. Mike and Dr. Nirmal and the doctors, after analysing the case, performed the surgery in the year 2013. The surgery was successful and slowly his ear condition got better and better.

He could not believe that within such a short period his ear condition would get so much better because previously he had almost lost hope of treating his illness. Now apart from general precautions he does not need any medication. At present, he is running his own construction company and is happy with his family. If he comes across anyone with ear problems, he immediately suggests them to visit the Ear Centre in Green Pastures Hospital.

Ease in living after surgery

Prakriti Khadgi (10 years, name changed for anonymity), is a resident of Tanahau district in Western Nepal. She lives in a small family with her father, mother and a brother. Her father does a unskilled work and her mother is a housewife.

One year ago, suddenly she had a swelling in the outer part of her right ear and there was puss discharge and severe pain in her ear. The condition of Prakriti did not improve and her parents took her to one of the reputed hospitals in Kaski district. For 4-5 weeks doctors continuously called them and analysed the case. At first the doctor said that he will conduct the surgery there but at the last moment denied the surgery saying the hospital didn't have enough technology to conduct the surgery. The parents were really disheartened as they had lost time and money in one of the reputed hospital in western Nepal.



Suddenly, one of the patients in that hospital suggested them to go and visit Green Pastures Hospital. In Green Pastures doctors, after diagnosing the case, conducted surgery within one month. Before the surgery only cleaning of the ear and general medication had been done. Now, Prakriti is in good condition and her parents are very happy.

Prakriti's mother is also happy that the hospital subsidised 30% of the total cost. She is very grateful towards the hospital for the financial support and hospitality.